
Alexis Rondeau

Strengths Insight Guide

SURVEY COMPLETION DATE: 03-09-2023



DON CLIFTON

Father of Strengths Psychology and
Inventor of CliftonStrengths

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Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

Your Top 5 Themes

1. Restorative
2. Ideation
3. Relator
4. Input
5. Empathy

Restorative

SHARED THEME DESCRIPTION

People who are especially talented in the Restorative theme are adept at dealing with problems. They are good at figuring out what is wrong and resolving it.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

By nature, you usually are willing to make things better when you are convinced your course of action is wise, proper, or correct. You tend to be cautious about fixing your own and others' mistakes. You probably are tentative — that is, hesitant — about doing something bold until someone says it is a good idea. It's very likely that you give your full attention to performing and thinking about one task at a time. When you discover something you want to perfect or do better, you dedicate your mental and physical energy to it. Instinctively, you usually offer people useful suggestions about what needs to be fixed, upgraded, renovated, or done better. Driven by your talents, you regularly think about ways to correct or revamp what needs to be addressed at the moment. Today offers you plenty of opportunities to do things better. This explains why you avoid being distracted by what is likely to happen in the coming months, years, or decades. Chances are good that you typically generate inventive ideas for new projects, especially those that require upgrading things. When you are challenged to be an innovative thinker, you feel valued.

Questions

1. As you read your personalized strengths insights, what words, phrases, or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?

Ideation

SHARED THEME DESCRIPTION

People who are especially talented in the Ideation theme are fascinated by ideas. They are able to find connections between seemingly disparate phenomena.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you enjoy spending time with possibility thinkers. This is often the case when they present intriguing ideas that no one else has considered. You enjoy exploring the fascinating frontiers of medicine, politics, fashion, renewable energy sources, humanitarian aid, or the arts. It's very likely that you probably decide life is grand when you have more ideas to offer the group than anyone else. When you are excited about the details of an original thought, you are likely to insist people give you their undivided attention. Often your assertiveness surprises you as well as others. By nature, you bring new thoughts to most discussions and meetings. Your reputation for innovative thinking explains why you are recruited by groups. You derive satisfaction from mental activity. You recognize when you are especially creative. Driven by your talents, you marvel whenever you create a link between one thought or object and another. You develop entirely new concepts, theories, innovations, designs, plots, conclusions, proposals, and more. With each mental leap, you experience feelings of happiness, pleasure, and success. Chances are good that you often are the originator of fresh ideas for brand-new campaigns, business ventures, initiatives, or special events.

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Relator

SHARED THEME DESCRIPTION

People who are especially talented in the Relator theme enjoy close relationships with others. They find deep satisfaction in working hard with friends to achieve a goal.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you feel life is best when you are truthful about your talents, skills, education, successes, experiences, or background. You are determined to dispel illusions you have about yourself and others have about you. This is likely to be one of your top priorities. As long as you do not pretend to be someone you are not, you are a happier and healthier human being. By nature, you consistently measure up to your high expectations when working, studying, or playing. Instinctively, you trust your intuition about what someone is thinking, feeling, or needing. You realize that the answers and solutions to many problems spontaneously reveal themselves to you. Your friends frequently ask what you would recommend. They often seek your guidance. It's very likely that you feel upbeat and cheerful when you keep busy. Without question, you derive much satisfaction from producing tangible outcomes. Because of your strengths, you realize life is good after you have shared your knowledge and skills with novice players, students, teammates, or associates. You probably are most gratified by individuals who want to improve personally or professionally.

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Input

SHARED THEME DESCRIPTION

People who are especially talented in the Input theme have a craving to know more. Often they like to collect and archive all kinds of information.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you periodically engage in conversations that might allow you to showcase some of your knowledge on a wide range of topics or in a particular area of specialization. Chances are good that you may want to acquire additional knowledge or gain new skills. Why? Perhaps you are naturally curious. Now and then, you work alone to help yourself commit information to memory. You might have a solitary place where you can practice a particular art, craft, sport, or science. Instinctively, you periodically seek out experts when you need information or guidance to decide on a proper course of action. You might study the difficult-to-understand words used most frequently by these specialists. Armed with a new language, you may approach several individuals to discover when your ideas about what to do align with theirs. Perhaps your intent is to benefit from their expertise rather than argue that your approach is correct regardless of what they think. Because of your strengths, you may be fascinated by the written word. Particular books, magazines, newspapers, correspondence or websites intrigue you. Whether you choose fiction or nonfiction, you might enjoy facts and insights into human behavior. Ordinary and extraordinary experiences, philosophies of life, or research findings might captivate you. Guided by your interests, perhaps you can add a few ideas to your storehouse of knowledge when you take time to read. By nature, you might expect to be kept in the information loop. Sometimes you want to know everything that is happening. You may desire to be kept abreast of any changes, even those that do not directly affect you. This partially explains why you can become upset or frustrated when someone accidentally or intentionally fails to pass along news about certain projects, deadlines, discoveries, problems, or successes.

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Empathy

SHARED THEME DESCRIPTION

People who are especially talented in the Empathy theme can sense the feelings of other people by imagining themselves in others' lives or others' situations.

YOUR PERSONALIZED STRENGTHS INSIGHTS

What makes you stand out?

Chances are good that you frequently detect impending conflict sooner than most people do. Your keen awareness allows you to sense what others are thinking and feeling. Before issues cause people to be angry, you direct everyone's attention to areas where they already share the same ideas, philosophies, or viewpoints. Simply put: You have a gift for helping people find common ground. This makes it easier for them to politely and courteously resolve their differences. Driven by your talents, you sense when someone needs your assistance without the person having to tell you. By nature, you might tune in to the feelings of people. Maybe you cheer them up when they are sad, disappointed, lonely, frustrated, or afraid. Instinctively, you can sometimes instill a sense of self-worth in individuals. Perhaps you are one of the people in their lives who values them, sees what they can become, and believes in them. It's very likely that you usually are emotionally attuned to what is going on in your own and others' lives. You intentionally concentrate on what is good. You automatically search for the best in people, experiences, assignments, or situations. You strive to fill individuals with joy. Frequently you find ways to unburden them of their anxieties, frustrations, sadness, disappointments, fears, or anger.

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